

# HOWARD WOOD RELAYS @ HOWARD WOOD FIELD - BOYS

Friday & Saturday May 3rd and May 4th 2019

## FIELD EVENTS

\*FAT TIMES

### FRIDAY

Competitor #

3:30 PM	<b>SHOT PUT</b>	Grant T. <u>49' 3.75"</u>	Tyler H. <u>54' 11.5" 1st</u>	Sam E. <u>44' 10.75"</u>
6:00 PM	<b>TRIPLE JUMP</b>	Leo K. <u>43' .75" 2nd</u>	Wilson F. <u>42' 10.75" 4th</u>	

### SATURDAY

9:00 AM	<b>POLE VAULT</b>	Brandon K. <u>NH</u>		
11:30 PM	<b>DISCUS</b>	Grant T. <u>150' 9" 8th</u>	Tyler H. <u>ND</u>	Sam E. <u>ND</u>
12:00 PM	<b>HIGH JUMP</b>	Nate P. <u>6' 4" 2nd</u>	Jared J. <u>NH</u>	
2:00 PM	<b>LONG JUMP</b>	Hunter M. <u>23' 3" 1st</u>	Michael A. <u>20' 2"</u>	Nate P. <u>20' 8.75" 7th</u>
3:30 PM	<b>Javelin</b>	Cody E. <u>122' 8"</u>	Braedon T. <u>110' 8"</u>	

## RUNNING EVENTS

### FRIDAY

\*FAT TIMES (HEAT, LANE)

2:20 PM	<b>110 HH (Pre)</b>	Andrew M. <u>16.08</u>	Braedon T. <u>17.49</u>	Russ K. <u>17.72</u>	
3:05 PM	<b>100m Dash (Pre)</b>	Wilson F. <u>11.47</u>	Jerome S. <u>11.75</u>	Hunter M. <u>11.45</u>	
5:00 PM	<b>400m Dash (Pre)</b>	Josh S. <u>52.39</u>	Gavin F. <u>51.72</u>		
5:25 PM	<b>110 HH (Semi)</b>	Andrew M. <u>Canc.</u>	Braedon T. <u>Canc.</u>	Russ K. <u>Canc.</u>	
5:40 PM	<b>100m Dash (semi)</b>	Wilson F. <u>Canc.</u>	Jerome S. <u>Canc.</u>	Hunter M. <u>Canc.</u>	
6:25 PM	<b>4x800m RUN</b>	Jack E. <u>2:01.6</u>	Gabe F. <u>2:02.1</u>	Ryan S. <u>2:08.2</u>	Sam E. <u>1:59.9</u>
	<b>TOTAL TIME</b>	<u>8:12.11 5th</u>			
8:00 PM	<b>SPECIAL EVENT</b>	<b>No Entry</b>			
8:40 PM	<b>3200m Run</b>	Andrew L. <u>9:26.97 4th</u>	Jack E. <u>9:45.46</u>	Zeb M. <u>9:50.83</u>	

### SATURDAY

11:20 AM	<b>MEDLEY RELAY</b>	Russ K. <u>24.1</u>	Josh S. <u>23.5</u>	Bailey A. <u>51.6</u>	Gabe F. <u>2:02.2</u>
	<b>TOTAL TIME</b>	<u>3:41.65 6th</u>			
12:55 PM	<b>4x200m RELAY</b>	Gavin F. <u>22.9</u>	Andrew M. <u>22.9</u>	Russ K. <u>22.6</u>	Wilson F. <u>22.9</u>
	<b>TOTAL TIME</b>	<u>1:31.40 4th</u>			
1:30 PM	<b>1600m RUN</b>	Andrew L. <u>4:23.98 5th</u>	Jack E. <u>4:25.17 6th</u>	Sam E. <u>4:29.04</u>	
2:55 PM	<b>300m IH</b>	Andrew M. <u>40.18 6th</u>	Sam S. <u>42.52</u>	Russ K. <u>42.72</u>	
4:15 PM	<b>4X100M RELAY</b>	Hunter M. _____	Nate P. _____	Jerome S. _____	Wilson F. _____
	<b>TOTAL TIME</b>	<u>43.36 3rd</u>			
4:35 PM	<b>400m Dash Finals</b>	Josh S. <u>DNQ</u>	Gavin F. <u>DNQ</u>		
4:50 PM	<b>110 HH (Final)</b>	Andrew M. <u>DNQ</u>	Braedon T. <u>DNQ</u>	Russ K. <u>DNQ</u>	
5:00 PM	<b>100m Dash (Fin)</b>	Wilson F. <u>DNQ</u>	Jerome S. <u>DNQ</u>	Hunter M. <u>DNR</u>	
6:30 PM	<b>4x400m RUN</b>	Andrew M. <u>52.2</u>	Gavin F. <u>50.9</u>	Josh S. <u>51.4</u>	Bailey A. <u>51.8</u>
	<b>TOTAL TIME</b>	<u>3:26.39 2nd</u>			

## MEET INFORMATION

The meet begins at 2:00 on Friday afternoon. Only those that compete before 5:00 PM will be dismissed from school. Dismissal time will be 12:30. EVERYONE NEEDS TO BE AT HOWARD WOOD FIELD AN HOUR AND A HALF BEFORE YOU COMPETE!!!! **THIS IS ONE OF THE TOP MEETS IN THE MIDWEST.** YOU WILL BE COMPETING AGAINST TEAMS FROM 5 STATES AND TWO COUNTRIES. THE COMPETITION IS STRONGER AT THIS MEET THAN AT THE STATE MEET. YOU NEED TO MAKE SURE YOU GET A GOOD WARM UP. BE FOCUSED AND PREPARE YOURSELF TO COMPETE. GOOD LUCK AND HAVE FUN!!!

# HOWARD WOOD RELAYS @ HOWARD WOOD FIELD - GIRLS

Friday & Saturday May 3rd and May 4th 2019

## FIELD EVENTS

\*FAT TIMES

### FRIDAY

3:30 PM	<b>TRIPLE JUMP PIT 2</b>	Elizabeth J. <u>34' 4.25"</u>	Taylor R. <u>33' 1"</u>
6:00 PM	<b>SHOT PUT</b>	Emma O. <u>NM</u>	Morgan Hu. <u>37' 0"</u>

### SATURDAY

9:00 AM	<b>HIGH JUMP</b>	Sara C. <u>4' 10"</u>	Helen T. <u>5' 0"</u>
9:00 AM	<b>DISCUS</b>	Morgan Hu. <u>120' 8" 8th</u>	
11:30 AM	<b>LONG JUMP PIT 2</b>	Josie D. <u>17' 6" 3rd</u>	Lauren M. <u>16' 1"</u>
1:30 PM	<b>POLE VAULT</b>	No Entry	
2:00 PM	<b>JAVILIN</b>	No Entry	

## RUNNING EVENTS

### FRIDAY

\*FAT TIMES (HEAT, LANE)

2:00 PM	<b>100 HH (Pre)</b>	Josephine <u>15.24</u>	Anna L. <u>16.65</u>	Morgan Ha. <u>DNR</u>
2:50 PM	<b>100m Dash (Pre)</b>	Ellen M. <u>12.79</u>	Lauren M. <u>13.19</u>	Emira B. <u>13.45</u>
4:10 PM	<b>4x800m RUN</b>	Leah D. <u>2:21.2</u>	Lila B. <u>2:25.4</u>	Liz B. <u>2:21.5</u> Hannah D. <u>2:25.2</u>
	<b>TOTAL TIME</b>	<u>9:33.38 4th</u> alt Caroline S/Analise L.		
4:50 PM	<b>400m Dash</b>	Caroline S <u>60.44</u>		
5:10 PM	<b>100 HH (Semi)</b>	Josephine <u>Canc.</u>	Anna L. <u>Canc.</u>	Morgan Ha. <u>Canc.</u>
5:35 PM	<b>100m Dash (semi)</b>	Ellen M. <u>Canc.</u>	Lauren M. <u>Canc.</u>	Emira B. <u>Canc.</u>
7:30 PM	<b>SPECIAL EVENT</b>	No Entry		
8:10 PM	<b>3200m Run</b>	Leah D. <u>11:14.54</u>	Emma H. <u>12:21.49</u>	Annalise L. <u>11:34.06</u>

### SATURDAY

9:40 AM	<b>MEDLEY RELAY</b>	Lauren M. <u>26.9</u>	Caroline S. <u>26.3</u>	Liz B. <u>60.9</u>	Leah D. <u>2:23.1</u>
	<b>TOTAL TIME</b>	<u>4:17.19 4th</u>			
11:55 AM	<b>4x200m RELAY</b>	Elizabeth J. <u>26.2</u>	Ellen M. <u>25.9</u>	Caroline S. <u>26.2</u>	Liz B. <u>26.7</u>
	<b>TOTAL TIME</b>	<u>1:45.40 4th</u>			
1:05 PM	<b>1600m RUN</b>	Analise L. <u>5:33.26</u>	Lila B. <u>5:23.33</u>	Hannah D. <u>5:22.43</u>	
2:35 PM	<b>300m IH</b>	Josie D. <u>44.94 3rd</u>	Anna L. <u>48.96</u>		
3:45 PM	<b>4X100M RELAY</b>	Morgan Hu. _____	Elizabeth J. _____	Lauren M. _____	Ellen M. _____
	<b>TOTAL TIME</b>	<u>50.43 7th</u>			
4:35 PM	<b>400m Run Finals</b>	Caroline S <u>DNQ</u>			
4:45 PM	<b>100 HH (Final)</b>	Josephine <u>15.08 3rd</u>	Anna L. <u>DNQ</u>	Morgan Ha. <u>DNQ</u>	
4:55 PM	<b>100m Dash (Fin)</b>	Ellen M. <u>13.69</u>	Lauren M. <u>DNQ</u>	Emira B. <u>DNQ</u>	
5:45 PM	<b>4x400m RUN</b>	Josephine <u>63.2</u>	Liz B. <u>60.9</u>	Caroline S. <u>59.4</u>	Isabelle S. <u>61.7</u>
	<b>TOTAL TIME</b>	<u>4:05.68 5th</u>			

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